

## **Lead Partner meeting with Lomza, Poland**

### ***Diet for a Green Planet practice transfer***

### **October 21-23, 2014**

**The meeting took place in Molėtai, Lithuania**

#### **Participators from Södertälje:**

Helena Nordlund, lead expert.

Daniel Dworetzky, project leader support and communication manager

#### **Local coordinators from Lomza:**

Daria Lutrzykowska, project leader in the City of Lomza

Agnieszka Buckowska, project leader, kindergarten director and project initiator

#### **Hosts in Molėtai:**

Loreta Štelbienė, project leader in the City of Molėtai

Miglė Bareikytė, communication manager

Marius Jacobauskas, project leader support

#### **Visitors from other partners:**

Albert Garcia, project leader in Mollet, Spain

#### **Objectives of the visit:**

1. Follow up the transfer process in Lomza
2. Follow up work plan for Handbook

### **Summary: Process status and actions needed**

- Coordination and cooperation functions well, the team of two coordinators is a positive factor. It is a pity that Agnieszka do not speak English, but we all do our best to communicate.
- Local Support Group, LSG, was formed with 14 members in the beginning and six of them took part in the Södertälje conference in May. In the Mollet conference in September politicians and high civil servants participated, four of them new persons. The political level is well involved, although the coming elections in December create certain insecurity. No need for special actions for the moment.
- The Diet for a Green Planet practice transfer seems to have been fairly successful. The nine kindergartens are all familiar with the concept, but schools have not shown much interest. The most difficult criteria is the idea of using less meat, and which kind of meat then is preferable. In the Handbook production attention must be put to this.



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- The Handbook work is progressing. 39 Recipes have been sent to Sweden and evaluated. More will be sent and a draft for the content exists. A detailed content plan will be sent before end of October. Content plan, texts and recipes have to be followed up by lead expert.
- No Diet Policy work is going on for the moment due to the campaign for the coming elections in December. Participation from politicians in the Mollet conference was good, and there started good discussions about policy issues. But before the elections the policy work will not progress, and for the moment there is no need for special actions.

## **Analysis and conclusions**

### **Coordination and cooperation**

The coordination team in Poland is composed by two persons. Agnieszka is the initiator and the enthusiast, and the one who already was on track with organic and local food in the kindergarten she is managing. Daria is the good administrator/organizer and who has good contacts in the municipality. Their combination has been successful in engaging politicians and civil servants and other important stakeholders at the right level. Daria speaks English but Agnieszka unfortunately not, which is a pity as we cannot communicate directly with her. Our cooperation has been good, even if the language problem is hindering us sometimes.

### **Local Support Group, LSG**

The Lomza LSG is divided in subgroups according to professional sector. The aim to widen the LSG seems to have been successful as four new persons showed up in the Mollet conference, where there were all together 8 Polish person participating; the two coordinators, two high civil servants and four politicians. The polish coordinators are successful in involving the right group of people in different activities.

### **Diet for a Green Planet transfer process**

According to the Polish coordinators the most important activity to make the Diet for a Green Planet concept known was the conference at the combined bilateral meeting and kitchen staff exchange in June. We then gave lectures at the PWSiP University, and at the same time Södertälje chefs prepared the lunch for the 100 participants, together with their Polish colleagues.

The Kindergarten that Agnieszka leads and one more kindergarten are working with the Diet for a Green Planet concept now. The other 7 Kindergartens are familiar with the concept. All the nine kindergartens will contribute with recipes to the Handbook. The kindergartens are on the track but the schools have not shown much interest.



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The ideas of local, ecological and seasonal food seem well understood. Less easy to implement is the idea of less meat and which kind of meat then is preferable. We worked as much as possible with this aspect during the meeting.

At Agnieszkas kindergarten there are two lunches /week with meat, one with fish and two are vegetarian but includes milk and/or eggs. They buy ecological products from local producers. The problem for others to buy local and ecological products is that the small farmers are not organized to sell together so that a more efficient distribution can take place.

The politicians have been well involved both during the bilateral meetings and the Conference in Mollet. A good discussion started during the workshops in Mollet, but unfortunately it has not continued, because of the election campaigning that is going on. There will be elections in December and it is not clear if there will be any change in the political situation and if that will have an impact on the work with Diet for a Green Planet.

### **Work plan Handbook**

Agnieszka is responsible for the Polish version of the Handbook, which will have kitchen staff and parents as its target group. 52 recipes have been collected from the nine kindergartens. The schools have not participated. Some recipes are maybe double, so some will be excluded after an evaluation. 39 of them have been evaluated in Sweden by the lead expert and the Polish chefs at Södertälje Diet Unit. Many are very good, but there are too many chicken recipes. There are also sugar in many recipes, which Agnieszka decided to remove. She will also send the missing recipes to Södertälje for evaluation. There is also a plan to include the Swedish recipes from the dishes that were prepared at the event in June at the PWSiIP University.

Lomza will not organize the recipes according to season; instead they will present all the salads, all the soups etcetera in separated groups. Before the recipes they want to present the seasonal food calendar to inform how to prepare seasonal food.

A draft for the content:

1. Environment in general
2. Ecofarming – food – meat
3. Intro + criteria (translations)
4. The Lomza region
5. Seasonal calendar
6. Recipes

Procurement of graphic design and printing is yet not finished, and printing will probably be postponed until January. The detailed content plan will be sent to Södertälje before end of October. Parents in Agnieszkas kindergarten are eagerly waiting for the Handbook.

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