

Transnational conference, May 20-23, 2014 Södertälje, Sweden

Program

Tuesday, May 20th

19:30-20:30 Informal welcome reception at Hagaberg's Folk High School and Hostel. Soup, cider and homebaked bread will be served. After the reception: short city walk and dinner/snack at local restaurant Barolo.

Wednesday, May 21st

08:00 Joint walk (15-20 minutes) from Hagaberg's Folk High School and Hostel to Södertälje City Hall.

08:30-09:00 Registration.

09:00-12:00

Presentations

- Welcome and presentation of Södertälje Municipality. Time for Q&A.
Ewa Lofvar Konradsson, Deputy Mayor
Roger Svanborg, Head of Sustainability & Strategy Unit
- Coffee break on City Hall roof top.
- The Diet Unit in Södertälje Municipality: Implementation of the Diet for a Green Planet concept. Strategies, lessons learnt and ways forward.
Sara Jervfors, Head of the Diet Unit
Representatives from the Diet Unit Management Team

12:30-13:30 Lunch at Ljungbacken's Elderly Care Center in Järna incl. presentation of management team and kitchen staff.

14:00-15:30

Scientific Background

- Brief introduction of the scientific background of Diet for a Green Planet and The "Your 2000 square meters" pedagogical school garden. Location: BERAS International.
Hans von Essen, Agronomist, BERAS International
Jostein Hertwig, Head of BERAS International Secretariat
Artur Granstedt, Associate Professor, BERAS International
Ida-Johanna Carlander, Gardener
- Walk & Talk: Ecological Recycling Agriculture in practice. Location: The "Your 2000 square meters" pedagogical



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school garden.

Ida-Johanna Carlander, Gardener

15:45-16:45

Parallel sessions

1. In-depth discussion on agricultural practices.
2. Visit to Norrby Välle for a demonstration and discussions on how to work for people with special needs and how to create job opportunities related to the food sector doing so.
3. Visit to local company Saltå Kvarn working with the Diet for a Green Planet concept. Topic: Local business development.

17:00-20:00

Summer party with all staff of Södertälje Municipality's Diet Unit (200 people). Location: Ene School. Menu according to Diet for a Green Planet.

Theme: Building relations across cultural borders.

Thursday May 22nd

08:30-08:45

Welcome from the URBACT Secretariat

Location: Hagaberg's Folk High School and Hostel

Raffaele Barbato, Project Officer, URBACT Secretariat

08:45-12:30

Thematic Workshop: The Seasonal Food Pyramids

Location: Hagaberg's Folk High School and Hostel

What food is good for the environment and the climate? What distinguishes the different regions represented in this project? What does seasonal and local food mean in the different countries? What does the need for eating less meat mean to the composition of daily menus?

During the workshop seasonal food pyramids for each country will be created. The method will show where we stand in the resp. cities and display our strengths and weaknesses in terms of knowledge, experience and ability to transform it into practice.

Parts:

- Breakdown of Diet for a Green Planet criteria into detail
- Working groups, country specific

Workshop leader: Helena Nordlund, Lead Expert

13:00-14:00

Lunch at Lina Elementary School incl. presentation of management team and kitchen staff.



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- 14:30-16:30 **Peer review sessions (participants will be divided according to work description and role in the project)**
1. **Practical workshop:** preparing full meal (salad buffets, hot meals and desserts) according to the Diet for a Green Planet concept at Moraberg restaurant school.
 2. **Managers dealing with food related issues:** Implementation, purchasing, organization, nutrition calculation etc. Location: The Diet Unit, Bangatan.
 3. **Policy making, urban challenges and new pedagogic tools and methods.** Location: Fornbacka School. *(This session may include several aspects and perspectives. A division into smaller groups will be made on site.)*

Themes/topics:

- Urban challenges and how working with the food sector can develop cities and drive sustainable development.
 - Possibility to learn about another URBACT project in Södertälje (in the area Fornhöjden) and take part of lessons learnt and valuable experiences.
 - Experiences and lessons learnt from a policy making perspective.
 - Pedagogic tools and methods as a consequence of Diet for a Green Planet implementation.
4. **Farming practices, education and training.** Visit to Skillebyholm Garden and Biodynamic Training Centre.

16:30-17:45 Transport to Hagaberg. Time for short rest.

18:00-20:30 Dinner at Moraberg restaurant school. Food prepared by kitchen staff from all four partner cities will be served. Presentations, discussions, experiences from the food preparing session.
Theme: Building relations within the project network and its 4 participating cities.

Friday May 23rd

Parallel working sessions, study visits/peer review sessions

08:30-11:30 Stakeholder exchange: Practical participation in food preparation in school and kindergarten kitchens.
Departure from Hagaberg: 08:00.



- 09:00-11:30 Study visit at Molstaberg farm – chance to meet local farmers Elisabeth Aschan and Johan Lundgren. Discussions about small-scale local business development and its effects on urban/rural development.
Departure from Hagaberg: 08:30.
- 12:00-13:00 Lunch at Västergård Elementary School and Gymnasium incl. presentation of management team and kitchen staff.
- 13:00-13:15 Conclusions and round-up.
End of conference.



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